



Therapy Partners are currently able to offer a limited number of places for children and young people with disordered eating problems in the **North Kent** (Dartford Gravesend and Swanley) and **Swale** areas. We can also offer group peer support sessions and professional training seminars.

What we can offer:

- **For Individuals:** Young people can access up to 15 sessions of one to one therapy with a qualified counsellor who specialises in delivering Cognitive Behavioural support for eating disorders. (*immediate access available*)
- **For individuals:** Peer support and education for young people with eating problems and body image issues. (Group sessions)
- **For family members/carers:** Peer support groups with education on how to support a young person with eating and body image problems. (Group Sessions)
- **For Professionals:** Education seminars on how to recognise and support a young person with eating problems

How can I access this support?

For individual one to one therapy contact Claire Jordan by email on cjordan@therapypartners.co.uk

For seminar and group support contact Sallie Kemp on skemp@therapypartners.co.uk or call us on 0845 5274809 email enquires@therapypartners.co.uk

Access to this training and support is for a limited time so please don't delay contact us today